

CAD

/ THE CZECH
ASSOCIATION
OF DOCTORAL
RESEARCHERS

www.doktorandivcr.cz

What is ČAD?

How ČAD works?

How can you
participate?

+3 tips

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Who or what is ČAD?

- Česká asociace doktorandů a doktorandek, z. s. (2016-)
- Inspiration: Asociácia doktorandov Slovenska (PhD association of Slovakia)
- Goal=representation of PhD researchers, improvement of doctoral studies in CZ

Reasons for creation

- Lack of representation for PhD researchers (PhDs=not only students but also Early Career researchers-ERCs)
- Frustration with systemic problems and longterm bad conditions of PhD studies in CZ
- Scholarship stagnation (2008-2018: 4k – 13k Kč/month)
- <50 % succes rate of PhD studies, only 10% finish in standart time (3 – 4 years)

Activities and achievements so far

Political agenda setting on doctoral studies and conditions of PhDs

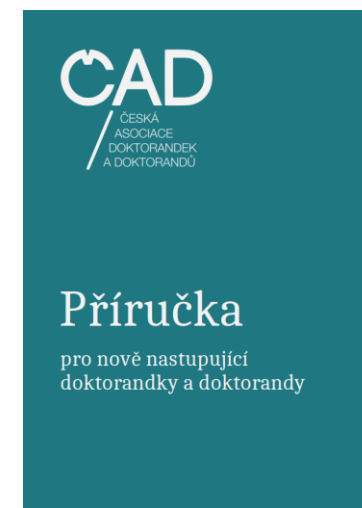
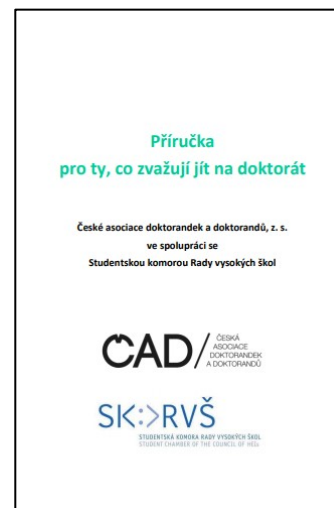
- Increase of scholarships (already + plans for indexing to min.wage 1x or 1,5x)
- Health insurance over 26 years (mainly [SK RVŠ – Stud. Chamb. of Univ. Council](#))
- [2021+ Strategic Plan](#) of MŠMT for Universities
(Priority goal III. Raising effectiveness and quality of PhD studies)

Awereness raising acitivities

- Guides - [for prospective PhDs](#) (CZ; 2017, 2020)
- for [1st year PhDs](#) (CZ 2021)
- Summer schools, seminars
- Newsletter, news - [Facebook](#)

Consultations and help with individual problems

- Legal advice, communication with authorities
- Social insurance
- Study obligations
- Bullying by supervisors



How can you participate

Executive board

- Fulfillment of strategic goals
- Web, social media, newsletter management
- Communication with political representations and partners (Ministry of Education, SK RVŠ, Eurodoc, UK Point)
- Communication with authorities, universities, PhD students

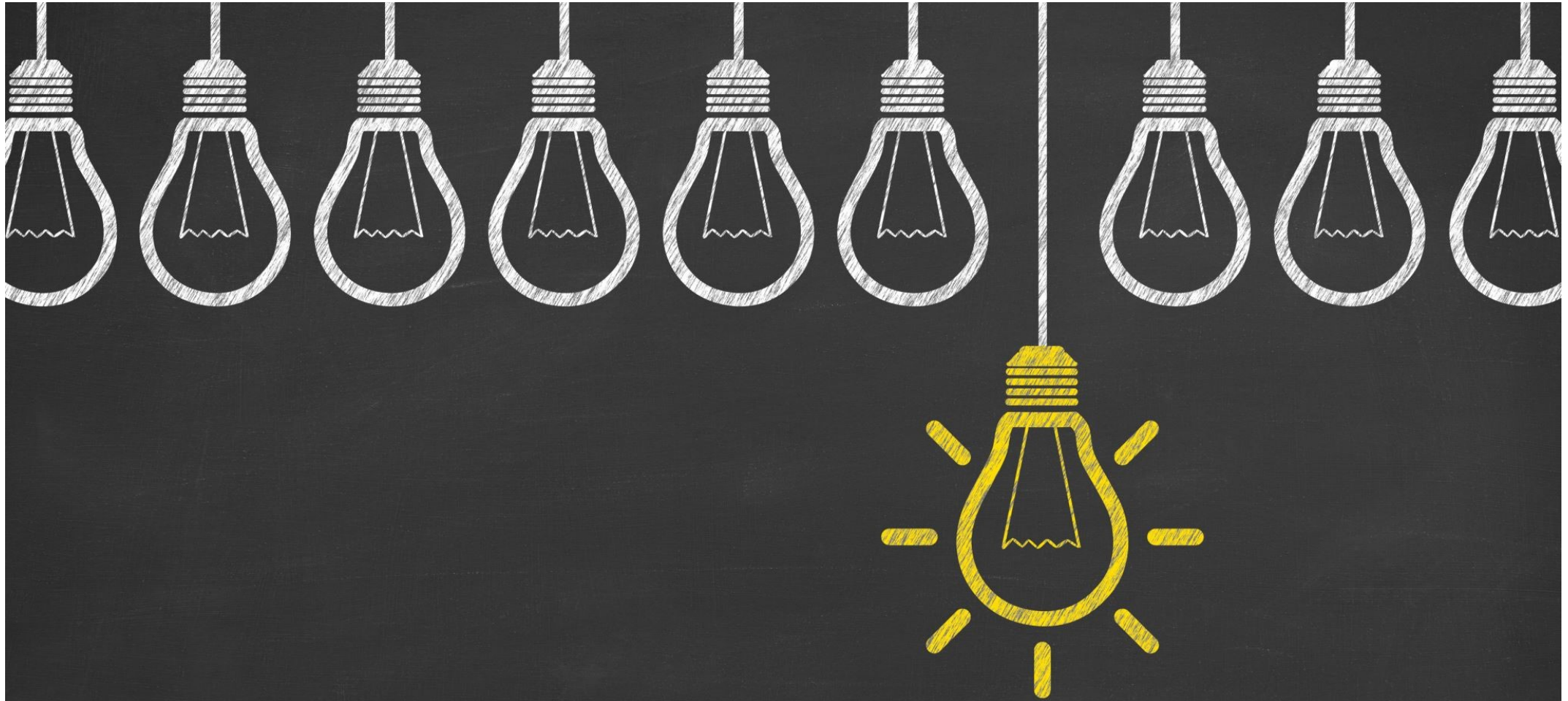
Active member

- **Local initiatives, associations** (i.e. depart./insit./[FSV UK PhD Group](#))
- Participation in ČAD projects (Guides for current PhD students, parents, supervisors)
- Suggesting new agenda for ČAD

Passive member

- Raising awareness about ČAD
- [Legitimisation of ČAD](#) – Thank You!

3 recommendations



1) Care about your mental health (really)



- PhDs as a high-risk group for mental health issues
- Work-life balance
- Counselling services
(Carolina Centre of Charles Univ.)
- Nevypust' duši
(NGO, not PhD specific)

2) Try to connect with your peers and colleagues

- Department, institute, faculty
(not just for work, it can help against isolation, MH and other issues as well)



- [CU/UK Point](#) – [Doctoral Study Hub](#) – seminars, workshops
- Academic Senate (CU + FSV) – [Ethics Commission](#)
- Dean, Vice-Dean for doctoral studies



**We are here to
help you as well!**



**You're just a PhD
student and I am
your Supervisor!**



Help...

3) Use the services available and don't be afraid to ask for help

**Thank you
for your attention**



www.doktorandivcr.cz –register to become a member :)

facebook.com/doktorandivcr

www.linkedin.com/company/phdcz

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