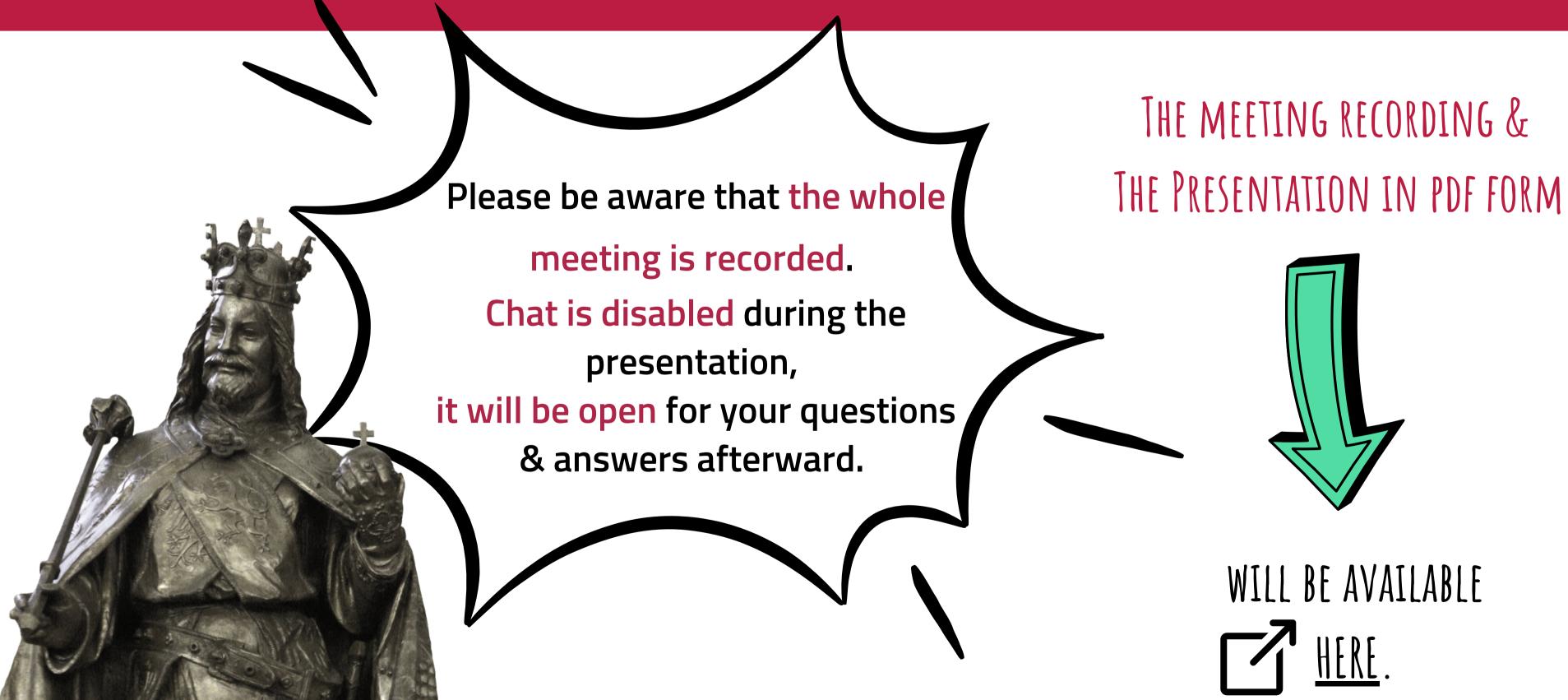
I. PRE-ARRIVAL MEETING FOR EXCHANGE STUDENTS SUMMER SEMESTER



I. PRE-ARRIVAL MEETING FOR EXCHANGE STUDENTS SUMMER SEMESTER



HOST: 10, FACULTY OF SOCIAL SCIENCES

10 COORDINATORS: ANTONELLA, MAGDALENA, MARIE



SPECIAL GUESTS



THE CU DORM'S REPRESENTATIVE: MRS MIROSLAVA HURDOVÁ

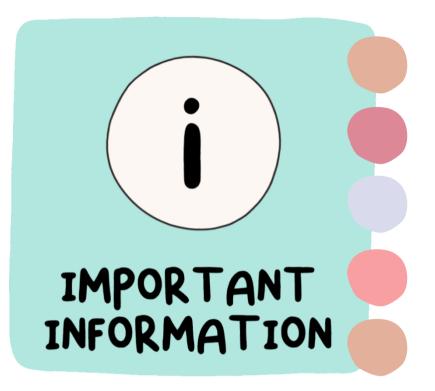


ALUMNI EXCHANGE STUDENTS: MILAN, LEA, SARA





WHAT WE WILL COVER TODAY



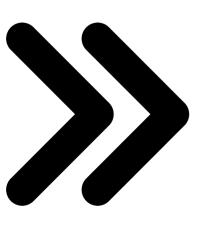
Online Enrollment
Student Card
Registration at Foreign Police
Health Insurance
Accommodation at CU dormitories



with the International Office with the CU dormitory representative



alumni students





MEET THE INTERNATIONAL OFFICE =



ERASMUS+, ERASMUS ICM

Magdaléna Čapková incoming@fsv.cuni.cz



Marie Stanovská studyabroad@fsv.cuni.cz





FREEMOVERS, MEYS, CEEPUS, AKTION, DAAD

Antonella Kopic Bernardon inbound@fsv.cuni.cz

10 ERASMUS+ INTERN



Sara V.



LOCATION OF IO AND OFFICE HOURS



OFFICE 216,
HOLLAR BUILDING,
SMETANOVO NABREZI 6,
PRAGUE 1





OFFICE HOURS

Monday: 13:30 - 16:30

Tuesday: 9:00 - 11:00

Wednesday: 13:30 - 15:30

Friday: 9:00 - 11:00





Support of students with Special Needs

Contact our colleagues if you need to arrange modification of your studies during your mobility.

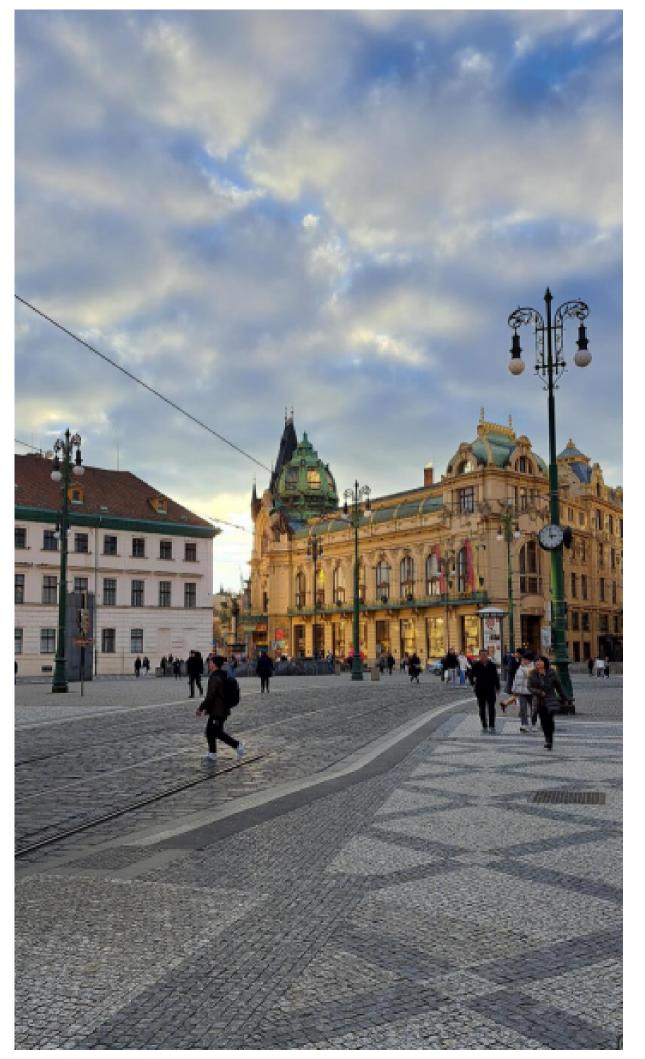
specialni.potreby@fsv.cuni.cz

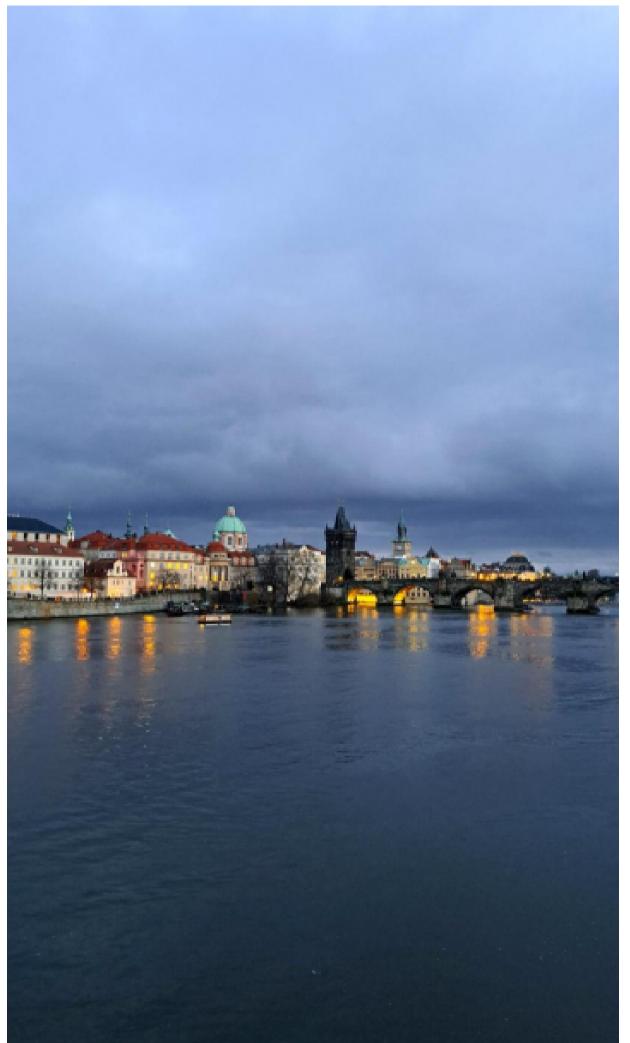


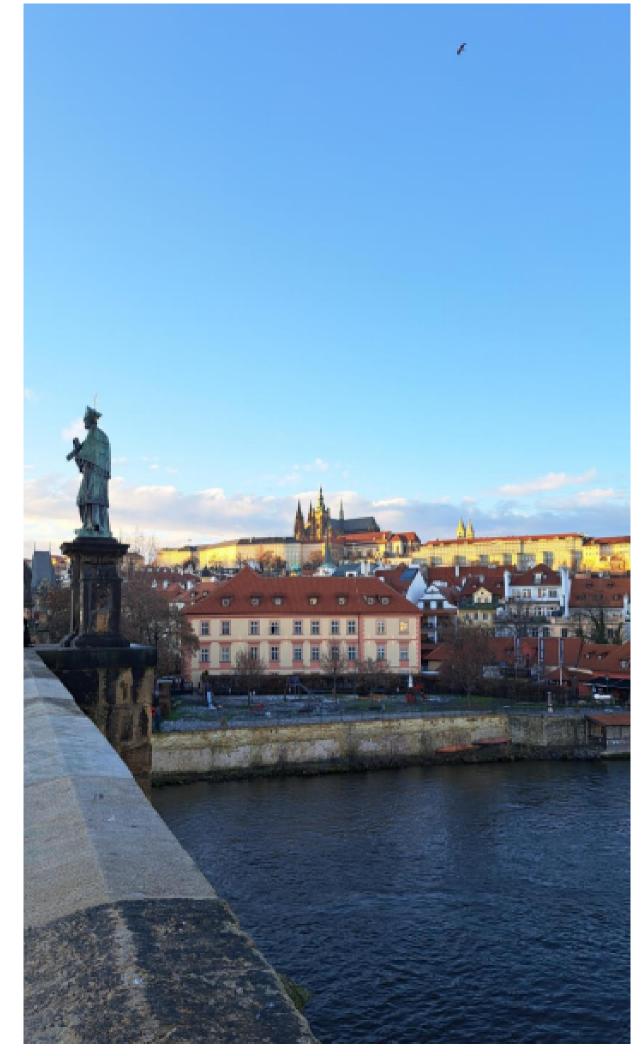


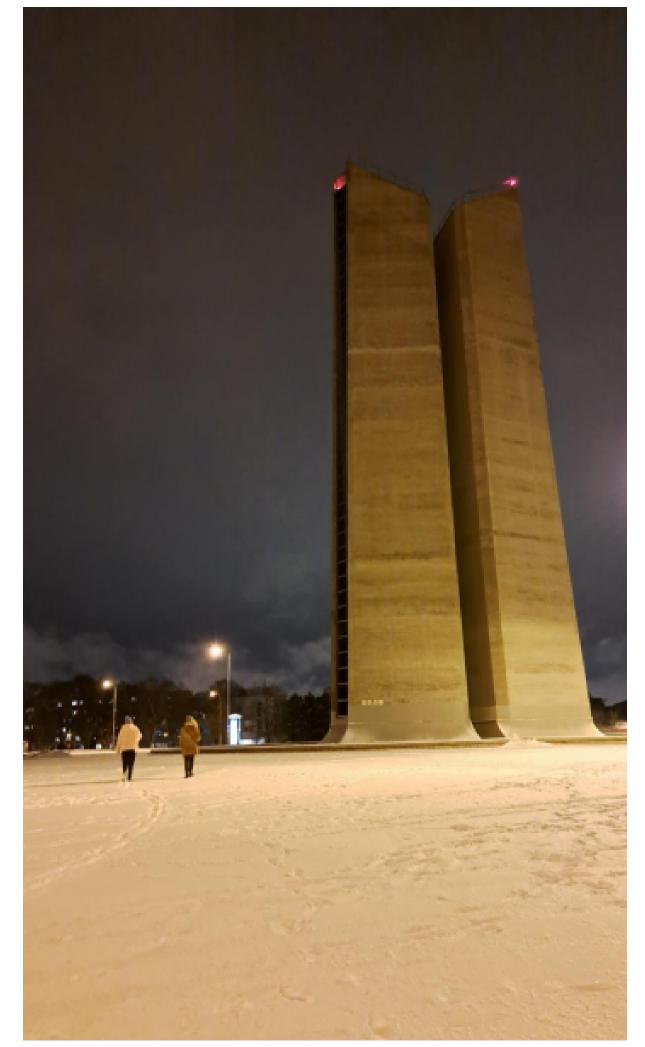




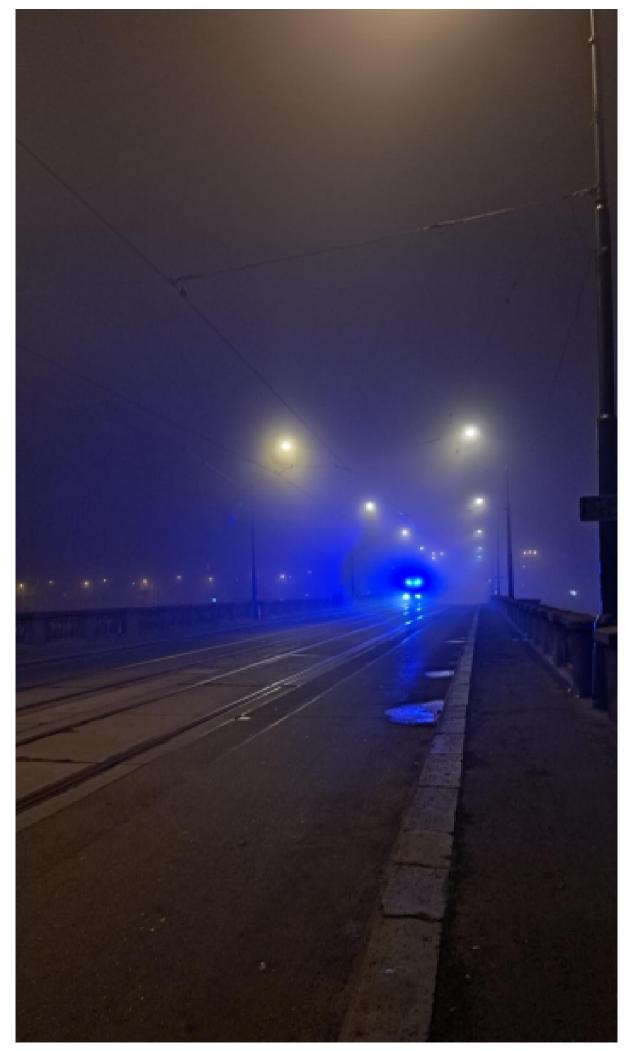












Expectation vs. Reality

- Weather
- Accommodation
- Studying
- Social Life

... main message: give things time, trust the process and don't be too hard on yourself ©



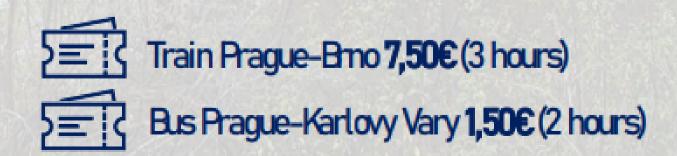


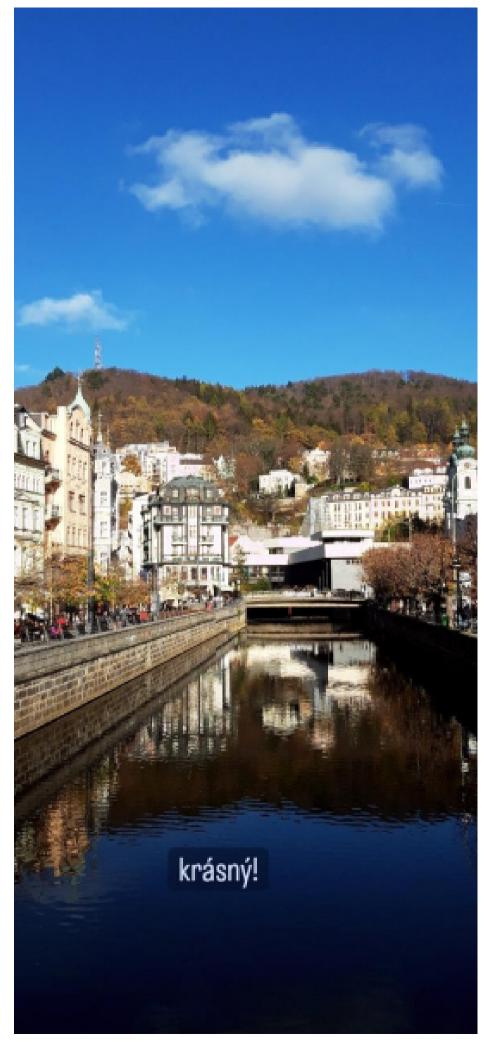


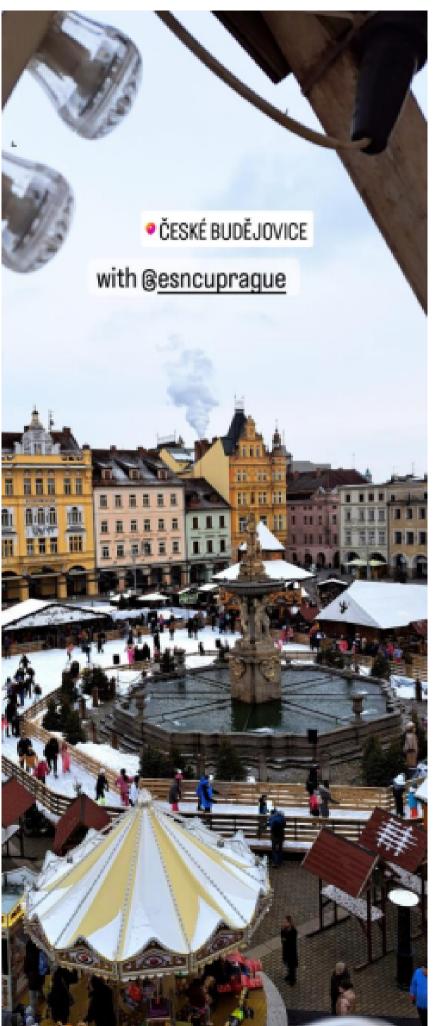


Travel tips

- domestically
 - Brno, Karlovy Vary, Český ráj, Plzeň,...
- internationally
 - Bratislava, Dresden, Berlin, Krakow, Budapest, Vienna,...
- trains: app "Muj Vlak"
- also: Flixbus, Regiojet
- student discounts!







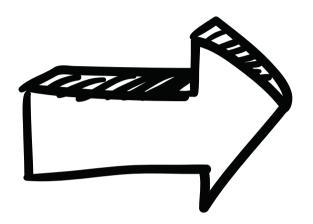


Enjoying the view at SPIČÁK (ROZHLEDNA)





ONLINE ENROLLMENT



Student is registered in our university system.

Where: in <u>CAS</u>

When: 25 - 26/01/23

How: instructions + loggin data are sent by email





more instructions:

https://fsv.cuni.cz/en/exchange/info-exchangestudents/academic-information/online-enrolmentstudent-card

ONLINE ENROLLMENT - STEP BY STEP INSTRUCTIONS

The Email is automatically generated, everybody will receive it.



users, do not use SAFARI browser.

Check your spam, use search box





Check the email, you have stated in your application.

The initial password is valid ONLY 5 days from receiving your email.

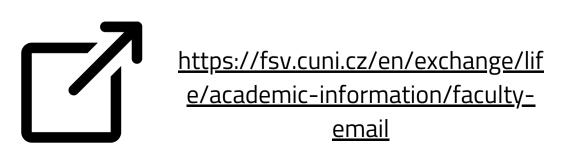
ONLINE ENROLLMENT is IMPORTANT without it you will not be able to register for the courses. 02/02/2023



FACULTY EMAIL -FRIENDLY NOTE



Since 6 February, the faculty email@fsv.cuni.cz will be your main communication channel between you and the academics and the International Office.



8 digit student personal

number



CU STUDENT CARD

PROOF OF YOUR STUDENT STATUS

STUDENT DISCOUNTS - E.G. Transportation pass



ACCESS TO <u>LIBRARIES</u>, FSV BUILDINGS, DORMS

TOP IT UP AND USE IT IN CANTEENS, CAFETERIAS, AND LIBRARIES TO PRINT





more details on our website

CU STUDENT CARD



During the Welcome Week.

More details will be sent by your IO coordinator.



In one of the Card Service Centers.

Check the Office hours and location here.





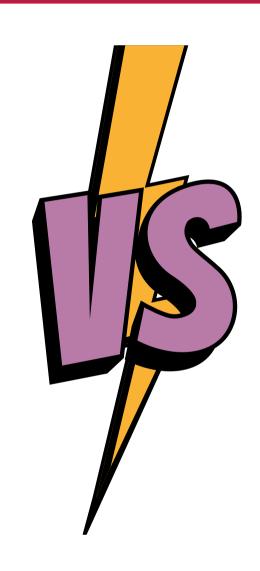
CU STUDENT CARD

REGULAR CU CARD





free of charge general usage



ISIC CU CARD





230 CZK fee



general usage



special discounts



travel, culture, restaurants, mobile operators



Find out more about the ISIC discounts <u>here</u>.



REGISTRATION AT THE FOREIGN POLICE





I have a private accommodation

Registration is mandatory!

A) I am an EU/EFTA citizen

You have to register within 30 days

B) I am a visa student

You have to register within 3 days

REGISTRATION AT THE FOREIGN POLICE



OLŠANSKÁ 2, PRAHA 3

BRING FOLLOWING DOCUMENTS:



PASSPORT/ID



CU STUDENT CARD



HEALTH INSURANCE VALID FOR THE CZECH REPUBLIC



THE REGISTRATION CARD WILL BE AVAILABLE THERE

OFFICE HOURS:

MONDAY, WEDNESDAY: 8:00 - 17:00

TUESDAY, THURSDAY: 8:00 - 15:00

MOVING OUT FROM THE DORMS?
YOU HAVE TO INFORM
FOREIGN POLICE!!!



<u>Link to website</u> <u>&tutorial</u>

HEALTH INSURANCE

VISA STUDENT - PRIVATE INSURANCE (PVZP) - NO ACTION REQUIRED



EHIC CARD HOLDER (EUROPEAN HEALTH INSURANCE CARD)



ONLY EMERGENCY CARE COVERED

DOES NOT GUARANTEE FREE SERVICES

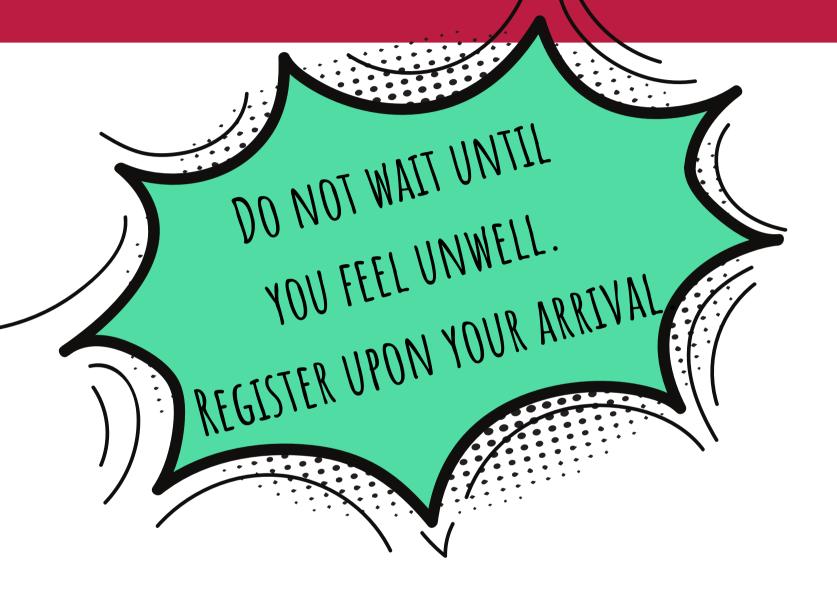
DOES NOT COVER A PRIVATE HEALTHCARE

CONSIDER A PRIVATE INSURANCE





REGISTER YOUR EHIC CARD AT CZECH INSURANCE PROVIDER





Any provider, but we recommend **VZP** as it is the biggest provider with the most contracted doctors

BRING FOLLOWING DOCUMENTS:



PASSPORT/ID

REGISTRATION FORM AVAILABLE THERE

IMPORTANTI

Make sure you visit a medical care institution having a contract with the Czech Public Health Insurance System!



AFTER ARRIVAL

STUDENT CARD



PRIVATE ACCOMMODATION





TRANSPORTATION



FOREIGN POLICE
REGISTRATION

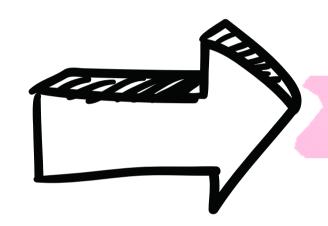


REGISTRATION AT VZP

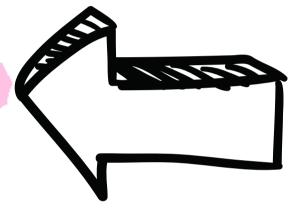


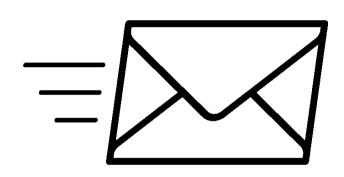


COVID-19 UPDATE



NO RESTRICTIONS AT THE MOMENT





In case of any change, we'll inform you by email.







THE CHAT IS OPEN NOW.



WE INVITE YOU TO ASK YOUR QUESTIONS
RELATED TO THE AFTER ARRIVAL
INSTRUCTIONS.







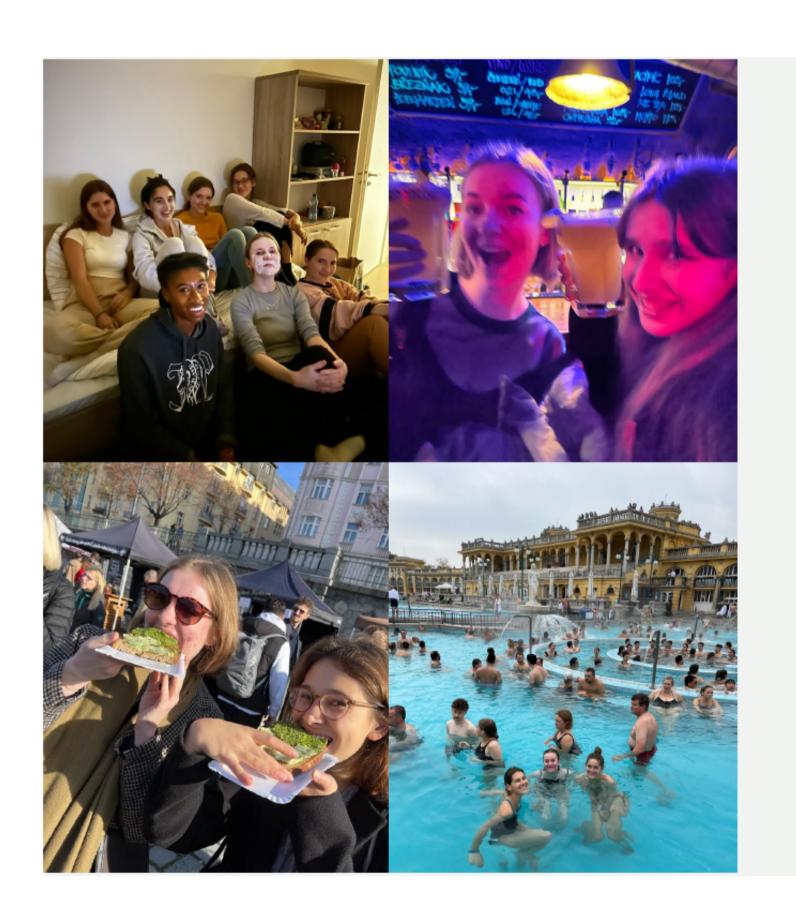
Finding friends abroad

A PRESENTATION BY LEA KNIES



Tips for finding friends:

- Welcome events
- Flat / Dorm
- Courses (Czech people!)
- Sports Classes
- Erasmus trips (OhmyPrague, ESN...)
- WhatsApp Groups
- Bumble Friends



Don't worry!

- Exchange students are mostly:
- Open-minded
- Down for trips etc.
- ➤ Also searching for new friends (especially in the first week)

You'll make a lot of great memories!

ACCOMMODATION AT CU DORMS



- BEFORE YOUR ARRIVAL
- AT YOUR ARRIVAL
- DURING YOUR STAY

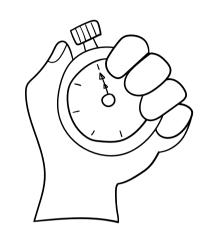


Find out more on our website <u>here</u>.





BEFORE YOUR ARRIVAL



- Prepare the confirmation of your payment, accommodation contract/voucher and one photo
- If you need to arrive on a different day than stated in the voucher, or outside the office hours



please communicate it at least 3 days before your arrival!

the dormitory (contacts <u>here</u>) and cc **accommodation@kam.cuni.cz**

- Read your dormitory fact sheet <u>here</u>.
- Start Start

(dormitories provide bed linen, pillows and blankets but not kitchenware).











Register at the dormitory accommodation office during their office hours.



Any problems? communication gaps? You can contact:

- the **housing assistant** of your dormitory - your **buddy** - your **IO coordinator**

DOCUMENTS:

- ID/PASSPORT
- ID PHOTO
- ACCOMMODATION CONTRACT
- DEPOSIT PAYMENT RECEIPT



- Payment options choose the one that suits you best
- If you change your mind: how to <u>terminate the contract</u>
- Dormitories/University Cafeterias what's for lunch today?
- Kindly respect the dorm rules









THE CHAT IS OPEN NOW.



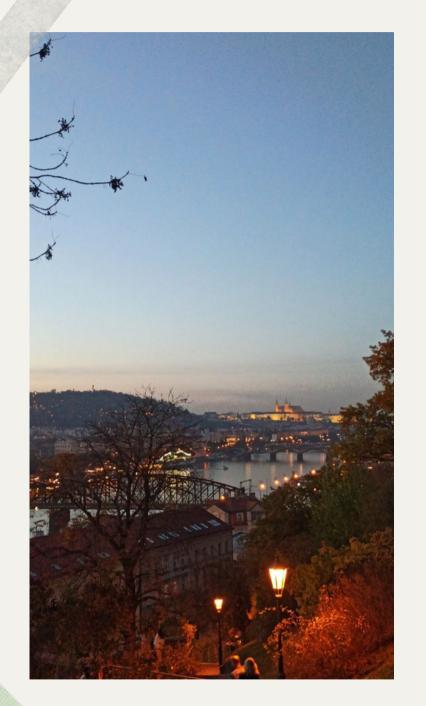
WE INVITE YOU TO ASK YOUR QUESTIONS RELATED TO THE UNIVERSITY DORMS.







Prague offers many activities ...









... sometimes too many!
It is normal to feel overwhelmed!





Where to find activities

- fsv charlesuni
- FSV UK Circle
- International Students
 Team FTVS UK
- nomadsociety.cz
- ESN CU Prague

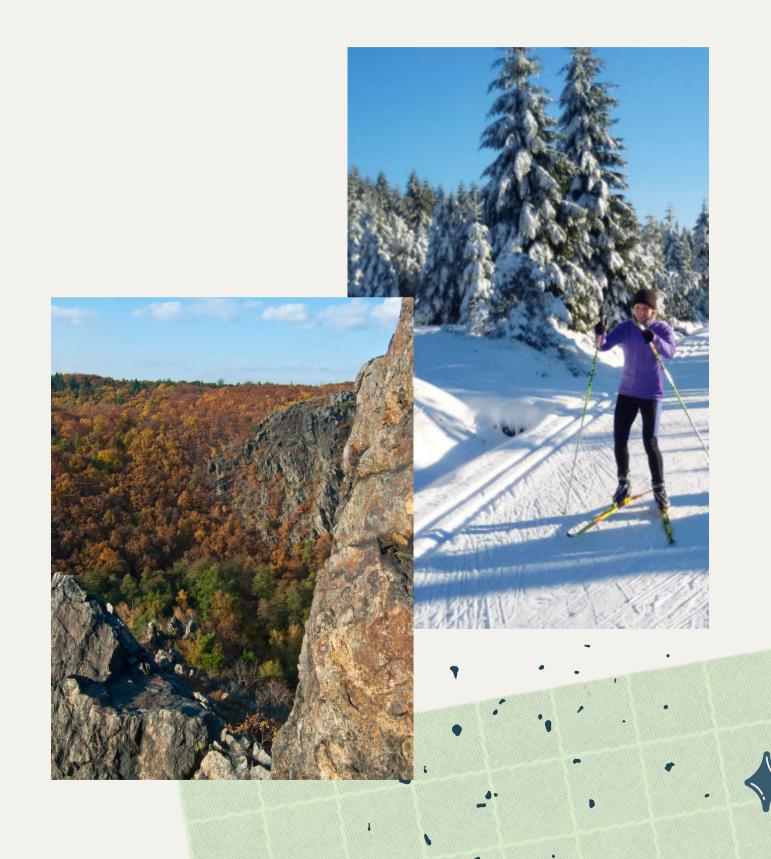














and also... where to study







Czech academy of sciences



National Library of Technology



+ + + + + +



STAY TUNED (i)

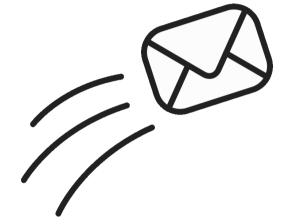
HOW TO GET THE MOST UPDATED INFO?



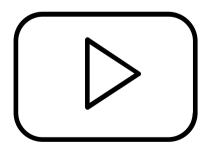












REMEMBER TO WATCH THE VIDEO TUTORIAL FOR EXCHANGE STUDENTS!!



WHAT NEXT?



25.-26.01. ONLINE ENROLLMENT

CHECK YOUR EMAIL AND CHANGE THE PROVISIONAL PASSWORD WITHIN 5 DAYS



30 JANUARY AT 2 PM CET 2ND PRE-ARRIVAL MEETING

COURSE REGISTRATION & WELCOME WEEK DETAILS

BEFORE 2ND MEETING WATCH <u>VIDEO TUTORIALS</u>
N. 12 - 17



USEFUL LINKS - RECOMMENDED DURING THE MEETING

<u>Currency Exchange</u> - best places and recommendations - PDF presentations with useful tips under #PRAGUELIFE

Arrival instructions on our webiste

WhatsApp group for exchange students founded by one of you (IO won't interfere)

Location of the FSV buildings - where your courses will be held