

...Sustainable Catering at FSV UK

Are you ordering catering for meetings, debates, seminars, conferences, or other departmental or faculty events? Based on the 2023 analysis by the Veronica Ecological Institute and the [Manual for Sustainable Event Management at Charles University](#), the Sustainability Working Group offers tips and advice for sustainable catering.

FSV UK supports sustainable development principles by reducing its environmental footprint, promoting fair working conditions, and protecting the environment. When ordering catering, we prioritize local and seasonal products and ethical food. The main focus areas include:

1) Ethical Purchasing and Food Selection

- Choose products certified by Fairtrade or Bio labels
- Support companies and producers who uphold fair working conditions, human rights, and environmentally friendly practices
- Applies especially to items like tea, coffee, spices, chocolate, cocoa-based products, and cane sugar

2) Environmentally Friendly Solutions

- Opt for products manufactured with respect for a healthy environment
- Reduce waste production and packaging materials
- Choose products certified by eco-labels, such as the EU organic leaf logo or the Czech "Green Zebra"
- Support local farmers and businesses (reducing CO2 emissions and boosting the local economy)
- Prefer vegetarian and vegan meals (reducing CO2 emissions and water consumption)
- Avoid single-use packaging or choose biodegradable materials (ensuring proper sorting and composting). Provide bins for waste separation. Serve beverages like water, milk, and sugar in pitchers and reusable dishes
- Prevent overproduction by buying "just enough" and allowing attendees to take leftover food home

3) Supporting Social and Local Enterprises

- Partner with local social enterprises offering sustainable catering
- Focus on businesses combining the social and environmental pillars of sustainability
- Prioritize regional and locally produced foods and services

Recommended Social Enterprises for Catering

Social Enterprises - Overview of Catering and Gift Offerings by the Ministry of Labour and Social Affairs (MPSV):

<https://ceske-socialni-podnikani.cz/adresar-socialnich-podniku/overene-socialni-podniky-catering-darky>

Kulinářství Kuchařek bez domova

Vegan menu (sweet, savory, hot, cold, multi-course meals, or small snacks). Serves fair trade coffee, tea, homemade non-alcoholic lemonades, and juices. Uses eco-friendly disposable tableware. Catering can be ordered with or without service.

Mezi řádky

Social bistros employing people with disabilities. Offers coffee from a Šumava roastery and sweet and savory goods from its artisanal bakery. Pays fair wages.

Bílá vrána

Provides employment for people with intellectual and combined disabilities since 2011. Uses local resources and Czech ingredients. Collaborates with local entities, including other social enterprises. Focuses on recyclable materials and environmentally responsible waste management. Not yet tested at the faculty.

Toulcův dvůr – spolek Envira

The social enterprise Envira, which operates a healthy cafeteria at Toulcův Dvůr, offers catering with vegetarian and vegan dishes. Not yet tested at the faculty.

Additional Catering Options

- KaM UK – Reliable service, provides reusable dishes
- [Chlebíček Store](#) – Excellent vegan sandwiches
- [INN Catering Praha](#) – Established in 1995, a member of the Association of Social Responsibility. Offers luxury options like the Nature&Eco concept. Not yet tested at the faculty.
- [Ethnocatering](#) – Showcases flavors from around the world, offering vegetarian, vegan, and gluten-free menus. Supports migrant women.
- [Modrý domeček](#) – Founded by the non-profit organization Náruč in 2007, employs people with disabilities. Not yet tested at the faculty.
- [Tichá cukrárna](#) – Specializes in sweet treats. A social enterprise employing deaf individuals.

For more tips and information, follow us on the [FSV UK website](#) [1]

[1] Full website link: <https://fsv.cuni.cz/fakulta/pracovni-skupiny/pracovni-skupina-pro-udrzitelnost>.